



Pregnancy in Netball Policy

In devising this policy, the following has been taken into consideration -

- Guidance from England Netball
- Implications of insurance for the player/umpire
- Wellbeing both emotional and physical of the player/umpire
- Wellbeing both emotional and physical of the umpires umpiring the game
- Wellbeing both emotional and physical of the other players on court

Whilst it is acknowledged there are many positive outcomes to physical activity whilst pregnant, it is also acknowledged netball is a physically demanding contested sport. Therefore, participants who choose to continue to play/umpire are taking complete responsibility for any risks they may incur. All players/umpires are advised to only play/umpire up to the 12/20 weeks stated below following guidance from their clinician.

**PLAYERS CAN ONLY PLAY UP TO 12 WEEKS OF PREGNANCY AND
UMPIRES CAN ONLY UMPIRE UP TO 20 WEEKS OF PREGNANCY –
both players and umpires are deemed to have consented to any risks
whilst they play/umpire (up to 12/20 weeks as appropriate) and must
take complete responsibility for any injuries as a result of.**

Based on England Netball's guidance, it should be noted members are covered by England Netball's centrally arranged programme of insurance during their participation in recognised and authorised activity, however, the Personal Accident cover will not provide any benefit for injury, loss, or expense due to pregnancy, childbirth, miscarriage or any consequence thereof.

By choosing to participate when pregnant, the participant will be deemed to have consented to any risks (including any risk of injury to the participant and/or the unborn child) that may arise from such participation based on the restrictions above.